



5 MILE – Pace Information & Time Limits

To ensure that roads reopen to vehicular traffic at the scheduled times, course time limits will be STRICTLY ENFORCED. Participants must maintain a pace faster than the course time limits in order to complete the race on closed city streets. Cut-off locations will be enforced on the course; runners or walkers who do not reach the cut-off location by the communicated time will be redirected to the sidewalk to finish the remainder of the event. If the participant cannot continue, they may board the support sweep vehicle to be dropped off near the finish line. Course time limits begin when the last participant and tail vehicle cross the start line.

The course time limit for the ThunderCloud Subs Turkey Trot is 2 hours and begins at 9:55 AM when the last participants are allowed to continue on to the closed 5 Mile course. *This is a 24 min/mile pace*****

All participants that are not north of 5th street and Lavaca St. by 9:55 AM will be required to participate in the 1 mile event.

<u>Location</u>	<u>Mileage</u>	<u>Cut Off Time</u>
Water Stop 1 <i>(12th and Lavaca)</i>	0.82 Miles	10:10 AM
Water Stop 2 <i>(Enfield and W. Lynn)</i>	2.05 Miles	10:40 AM
Water Stop 3 <i>(WAYA Field / Austin Pets Alive)</i>	3.59 Miles	11:20 AM
Water Stop 4 <i>(Seaholm Plant/Cesar Chavez)</i>	4.31 Miles	11:35 AM
1 st Street bridge/Cesar Chavez	4.67 Miles	11:45 AM

**Thank you for your cooperation and participation in the annual
Thundercloud Subs Turkey Trot!**